



## **SSMAC brings home medals from Provincial Championships.**

The Junior Provincial Short Course Championship was held this past weekend in London Ontario. Over 1,000 swimmers from across the province qualified and swam at this 4 day event. Five swimmers from the Sault represented Sault Ste. Marie Aquatic Club.

There were three first time Provincial swimmers; Kalen Critchley (11), Erin Lee (10) and Shane Rock (12), while Julia Turgeon (14) and Brain Lee (15) have been at the event before. Despite their small size in numbers, this mighty team from SSMAC finished a respectable 39<sup>th</sup> out of 71 teams for overall team points.

Kalen had an awesome start to her provincial debut winning a SILVER medal in her 100m backstroke. She finished 4<sup>th</sup> in her 50 free missing the bronze medal by only 0.03 seconds. She also placed 6<sup>th</sup> in her 200m backstroke while achieving a new personal best time.

Brian, swimming for the first time as a 15 year, brought home two BRONZE medals in his 100m and 200m freestyle, as well as recording a new personal best times. He also achieved two 6<sup>th</sup> place finishes in his 100m and 200m backstroke as well as three more top 15 finishes.

Shane achieved personal best times finishing the week-end with a 7<sup>th</sup> place finish in his 100m freestyle, two 10<sup>th</sup> place finishes in his 50m and 400m freestyles as well as a 12<sup>th</sup> place in the 200m freestyle.

Erin swam personal best times to achieve four top 15 finishes. She had a 12<sup>th</sup> place finish in her 200 free, a 13<sup>th</sup> place finish in her 100 back stroke, a 14<sup>th</sup> place in her 400m freestyle and a 15<sup>th</sup> place in her 200m backstroke.

Julia had a personal best time in her 200m backstroke finishing 16<sup>th</sup>. She also placed 22<sup>nd</sup> in her 400m IM, 24<sup>th</sup> in her 200m IM and 26<sup>th</sup> in her 100m backstroke.

The SSMAC Coaching Team and Parents are all very proud of our swimmers' performances at this prestigious province wide event. WAY TO GO!!!