



## **SSMAC Thunders at Canada Games Complex**

A focused team of 12 swimmers travelled Highway 17 to Thunder Bay to compete against teams from across North Western Ontario and Minnesota at the Canada Games Complex for the annual Thunder Bolts Invitational Swim Meet. These SSMAC swimmers achieved 61 medals of which 38 were GOLD.

Two junior swimmers led the way for the team swimming to a perfect 10 GOLD medals. Alexander Gelmych (10) and Paul Widgett (11) both had meets of their careers by swimming to all GOLD. Alexander, competing in the boys 10 and under received GOLD in all 10 of his events. Alexander swam hard to four new personal best times and also received the Fastest Swimmer Award for the 10 and under boys in the 50 m free and the Individual Outstanding Performance for having the highest combined FINA point total in the 200 m IM and 200 m free.

Paul competed in the 11 year old boys also swam to a perfect 10 GOLD medals. Paul also achieved three personal best times and the Fastest Swimmer Award for the 11 year-old boys in the 50 m free.

The senior swimmers, 13 year-old and up, had to swim preliminaries in the morning and finals in the evening in order to receive their final standing.

Shane Rock came close to a perfect weekend by winning 9 GOLD medals on the weekend for 14 year-old boys. The only miss was the 100 m breast stroke in which he swam a personal best time to receive a 4<sup>th</sup> place. Shane also won the Individual Outstanding Performance for having the highest combined FINA point total in the 400 m IM and 800 m free events and the Fastest Swimmer Award for the 14 year-old boys.

Steven Lee (13) swam six personal best times on route to 2 GOLD, 5 SILVER and 2 BRONZE medals in the 13 year-old boys.

Michael Lawrence competing in the 14 year-old boys group swam away with 3 GOLD, SILVER, 3 BRONZE medals. Michael also finished the weekend with two-5<sup>th</sup> and a 7<sup>th</sup> place.

Rounding off the male swimmers medal count was Brian Lee (16) swimming in the 15 and older boys group by finishing the weekend with GOLD, 2 SILVER, and 2 BRONZE. Brian also swam to two 4<sup>th</sup> place results. Brian received the Individual Outstanding Performance for having the highest combined FINA point total in the 400 m IM and 800 m free events for the 15 year-old and over boys.

Leading the female team was Carrie-Lynne Smale (14) with 2 GOLD and 4 SILVER medals in the 14 year-old girl category. Carrie-Lynne swam to 2-4<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> place ribbons.

Erin Lee swam her way to GOLD, 2 SILVER and a BRONZE medal for the girls 11 year-olds. Erin had 2 personal best times and 4-4<sup>th</sup> place ribbons to complete the weekend.

Erinn Theodossiou, also 11, swam 7 personal best times and won a SILVER medal. Erinn also finished the weekend with a 4<sup>th</sup>, 4-5<sup>th</sup>, 2-7<sup>th</sup> and a 8<sup>th</sup> place ribbons.

Sister Sarah Theodossiou (16) swam in 5 finals and achieved a 4<sup>th</sup>, 5<sup>th</sup>, 7<sup>th</sup> and 2-8<sup>th</sup> place ribbons.

Rayne Fisher (14) swam her way into 6 finals and received 2-5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup>, and 2-8<sup>th</sup> place ribbons.

Sarah Gelmych (11) swam hard to two personal best times while receiving a 5<sup>th</sup>, 2-6<sup>th</sup> and a 8<sup>th</sup> place ribbon.

Head Coach Stratton and Coach Shannon Hazelton, a former SSMAC provincial and national swimmer, congratulate the swimmers for their hard work over the weekend. The next meet for the SSMAC swimmers is the regional Jenő Tihanyi Long Course Championships June 12 – 14 at the Sudbury Laurentian pool.