



## SSMAC Wins Dave Kensit Memorial Senior Meet

The senior swimmers aged 13 and older qualify for the senior meet based on their morning swims. The top 16 fastest swimmers from each of the morning events at the Dave Kensit Memorial "A" Championships meet again in the evening to crown the fastest swimmer by swimming head to head based on time and not age. Eleven of SSMAC's swimmers qualified for this elite group and managed to accumulate enough points to swim away with the Senior High Point Team Trophy.

Leading the way for the SSMAC swimmers was 15-year-old Brian Lee who won 5 GOLD medals out of 7 races in the senior meet. Brian won gold in the 200m IM, 50m fly & back, and 100m free & breaststroke. He also placed 2<sup>nd</sup> in the 50m fly and had a 6<sup>th</sup> in the 200m-breaststroke. These results were more than enough to win him the High Point Individual Male trophy for the senior meet.

Kyle Matthews (17) racked up the second highest amount of points for his team and that of the male swimmers. Kyle won three GOLD medals in the senior meet in the 50m free, 50 & 100m fly. Kyle also had a 3<sup>rd</sup>, 4<sup>th</sup>, 6<sup>th</sup> and 8<sup>th</sup> place finish to help the team's total.

Julia Turgeon (15) was the highest scoring female SSMAC swimmer in the senior meet as a result of finishing in the top 8 in all seven of her events. Julia finished 3<sup>rd</sup> in the 50m back and had three 4<sup>th</sup>, a 5<sup>th</sup>, 6<sup>th</sup> and 7<sup>th</sup> to help secure the team's strong finish.

Joshua Lawrence's (16) strong performances with four 2<sup>nd</sup> place results in the 50 & 100 free and back helped the team's chances at the high point trophy. He also achieved a 3<sup>rd</sup>, 10<sup>th</sup> and 16<sup>th</sup> place finishes.

Sarah Theodossiou and Marina Fournier, both 15, contributed big time to the team's success. Sarah had 5 top 8<sup>th</sup> places finishes out of 7 races. She received a 3<sup>rd</sup> in the 50m-breast, as well as a 4<sup>th</sup>, two-5<sup>th</sup>, a 7<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> place swims. Marina qualified for all 6 of her events and had four top 8<sup>th</sup> place finishes for her hard work. Marina had two-6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, and two-9<sup>th</sup> to add her support for the team.

Shane Rock, just 13 years old, made his presence known to the older male swimmers by finishing 2<sup>nd</sup> in the 400m free. Shane was also able to secure a 5<sup>th</sup>, two 7<sup>th</sup>, a 10<sup>th</sup> and 14<sup>th</sup> place results in his other swims making many of the senior swimmers take notice. Steven Lee, also 13, contributed to the team's total points by qualifying for four events in the senior event. Steven qualified in all three lengths of the breaststroke and was competing against his older brother Brian. Steven swam to a 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> and 13<sup>th</sup> results and is obvious that he is challenging his brother for supremacy in the breaststroke. Watch out Brian!

Christopher Carlyle and Michael Lawrence, both 14, added to the team's points by swimming in the senior meet. Christopher had a 8<sup>th</sup>, 9<sup>th</sup>, 12<sup>th</sup> and 16<sup>th</sup> while Michael had a 9<sup>th</sup>, 11<sup>th</sup> and 16<sup>th</sup> place finishes.

Elyse McCarthy (17) qualified in the 400 IM and took off 7 seconds off her morning swim to finish in 14<sup>th</sup> place to add her contribution to the team's total.

In all, each swimmer was a critical factor for the overall success of SSMAC's senior team winning the High Point Senior Trophy as they won by just 7.5 points, taking all other regional teams by surprise. The SSMAC coaching staff is extremely proud of how well all the senior swimmers stepped up to the challenge of the meet and produced some of their best swims of the season. Congratulations to all the swimmers for their hard work and success.