



SSMAC Solid at East Side Mario's

This past weekend SSMAC sent 19 swimmers to the annual East Side Mario's Invitational swim meet hosted by Sudbury Laurentian Swim Club at the Jenő Tihanyi Olympic Gold Pool of Laurentian University. This is a Long Course (50 meter) event which draws some of the provincially and nationally ranked swimmers from Southern Ontario and our region. SSMAC finished 4th behind Sudbury Laurentian, Etobicoke and Dolphin Swim Club out of Toronto for total points. All 19 swimmers contributed to the overall team points by achieving points in their individual events and relays. All swimmers were registered for 8 individual events. Senior swimmers swam preliminaries in the morning and the top 16 fastest time swim in finals in the evening. The junior swimmers swim their events in the afternoon as timed finals. Points are awarded for the top 16 fastest swimmers.

Leading the senior swimmers in medals was Shane Rock (14) with 8 Individual GOLD medals in the Boys 13 -14 category. Shane also won High Point Trophy and freestyle specialist award in his age group. In an extra open event called the eliminator, Shane finished 4th.

Brian Lee (16) competing in the 15 and older boys category finished the weekend with 7 individual GOLD and 1 SILVER medal. Brian was also the High Point Trophy winner, the freestyle and sprint specialist award winner for his age group. Brian also won the eliminator competition.

Kyle Matthews (17) also competing in the 15 and older boys won 2 GOLD, 2 SILVER, and 2 BRONZE Individual medals.

Steven Lee (13), Michael Lawrence and Christopher Carlyle, both 14, competed in the 13 – 14 year old boys' category. Michael finished the weekend with 2 GOLD and 2 SILVER individual medals. Christopher Carlyle swam to GOLD, SILVER, and BRONZE individual medals. Steven Lee captured SILVER and 2 BRONZE individual medals.

Julia Turgeon (15) swimming in the 15 and over girls category secured a BRONZE Medal. Fellow competitor, Sherri Lambkin, also 15, swam extremely well on the weekend reaching finals in four of her events. Carrie-Lynne Smale (14) competing in the 13 – 14 year old girls reached finals in all 5 of her preliminary events to finish the weekend with 8 top 8 results.

Shane, Michael, Christopher and Steven teamed up and won GOLD in both the 13 - 14 yr old 400m medley and freestyle relays.

Shane, Brian, Kyle and Christopher teamed up and won GOLD in the 15 and older freestyle relay and came 2nd in the medley relay.

Leading the junior swimmers was once again Kalen Critchley (12). Kalen won 2 GOLD, 3 SILVER and BRONZE individual medals in girls' 11 - 12 category. Paul Widdett (11) captured 2 GOLD and 3 BRONZE individual medals in boys' 11 - 12 category. Mitchell Fillmore (8) swimming in the 10 and under was impressive by winning a SILVER and 2 BRONZE individual medals. Aron Mohammadi (12) in the 11 - 12 boys swam to a SILVER individual medal. Erin Lee (11) in the girls' 11 – 12 year old category won a BRONZE individual medal. Other juniors that swam extremely well at this highly competitive meet were Kate Mohammadi (10), Lexus Hall (11), Mark Jobst (10), Dante Severini (11) and Noah Janzen. Kate had 5 personal best times and scoring points in 6 of her races by finishing in the top 16. Lexus Hall had 7 personal best times and finished in the top 20 for all of her events. Mark had 4 personal best times scoring points in all of his events. Dante scored points in all of his events as well. Noah received points for the team in 6 of his events.

Noah, Dante and Aron teamed up with Paul to place 4th in the 11 – 12 Boys' Medley Relay and with Mitchell in the Freestyle Relay, also placing 4th.

Erin, Kate, Kalen and Lexus teamed up to place 6th in the girls' 11 – 12 Freestyle and 9th in the Medley Relays.

Coach Stratton was extremely pleased with the results of his swimmers and how they rose to the challenges from the other teams. The next weekend for SSMAC to travel will be May 22 – 24th where the team is split between Thunder Bay for the Thunderbolts International and North Bay for the NBYT Invitational. Good luck to all our swimmers.