



## SSMAC'S Lee Senior Champion Once Again

A senior championship meet was also held in conjunction with the Dr. Jenő Tihanyi Long Course "A" Championships where the top 16 fastest swimmers of the morning swims, aged 13 and older, competed again in the evening. All ten of SSMAC swimmers 13 and over qualified to swim in this senior championship: finishing 3<sup>rd</sup> in total points against the 11 other teams from the North Eastern Ontario Region once again behind the larger teams of Sudbury and Timmins. Despite having much less swimmers than these other teams, SSMAC swimmers held their own. Brian Lee (17) won 4 – 1<sup>st</sup> and 2 – 2<sup>nd</sup> place finishes to once again earn the **High Point Senior Male Trophy**. Carrie-Lynne Smale (15) finished with 2 – 2<sup>nds</sup>, 3<sup>rd</sup>, 6<sup>th</sup> and 9<sup>th</sup>. Michael Lawrence (16) also had 2 – 2<sup>nds</sup>, 4<sup>th</sup>, 7<sup>th</sup> and 9<sup>th</sup> place finish. Shane Rock (15) swam to a 2<sup>nd</sup>, 2 – 4<sup>ths</sup>, a 7<sup>th</sup> and a 9<sup>th</sup> place while Steven Lee (14) also had a 2<sup>nd</sup>, 5<sup>th</sup>, 8<sup>th</sup> and 15<sup>th</sup> place finish. Chenoa Naylor (13) qualified for all 6<sup>th</sup> of her events and finished with a 4<sup>th</sup>, 6<sup>th</sup> and 3 – 8<sup>th</sup> place results. Matthew Budau (14) swam to a 7<sup>th</sup>, 8<sup>th</sup> and 14<sup>th</sup> place finish while Christopher Carlyle (15) came in 8<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup> and 13<sup>th</sup>. Aron Mohammadi (13) came 10<sup>th</sup> against all the senior boys in the 200m backstroke while Erinn Theodossiou (13) came 15<sup>th</sup> in the 400m freestyle.

Once again Coaches Stratton and Stroyan were totally impressed as to how well these swimmers stepped up to the added pressure of this senior meet and competed so well after swimming some extremely tough races in the morning.

This wraps up the swim season for the majority of the swimmers. The coaching staff and executive would like to congratulate all the swimmers on their successes both in and out of the pool this past season and hope all will have a safe and enjoyable summer.

However, for Julia Turgeon, Chenoa Naylor, Erin Lee, Kalen Critchley, Shane Rock, Brian Lee, Steven Lee, Paul Widdett and Colin MacQuarrie their summer is not yet ready to begin. These nine swimmers have all qualified to swim at the Ontario Provincial Long Course Championships held at the Nepean Sportsplex this July 1<sup>st</sup> to 4<sup>th</sup>.

Also being held this summer is the Ontario Summer Games in Sudbury August 11<sup>th</sup> to 13<sup>th</sup> where SSMAC will be sending 6 swimmers which translate into **25% of the NEOR team**. Representing North Eastern Ontario Region from SSMAC on the 24 member team are Kalen Critchley for the 14 and under girls, Carrie-Lynne Smale for the 15 year old girls, Paul Widdett for the 14 and under boys, Steven Lee and Shane Rock for the 15 year old boys and Michael Lawrence for the 16 year old boys. The entire membership congratulates these swimmers for this selection and commends them on their exemplary hard work and dedication to swimming. The swimmers also thank their parents and extended families for their support.