



SSMAC Swimmers Excel at Varsity Meet

This past weekend, Laurentian University hosted a swim meet that included swimmers from The University of Waterloo, Wilfred Laurier University, York University, as well as a twenty-four member North-Eastern Ontario Region (NEOR) All Star Team. Six SSMAC swimmers qualified to represent not only their club but also their region at this meet. It gave these high-school aged swimmers the opportunity to swim against university swimmers which will help prepare themselves for their next step in their swimming careers. It also gave these Universities the opportunity to see some of NEOR's elite swimmers before they go to University. The six-member team from SSMAC comprising of Marina Fournier, Sarah Theodossiou, Julia Turgeon, Joshua Lawrence, Brian Lee and Kyle Matthews gave the university swimmers more than what they bargained for.

Leading the way was Kyle Matthews (17) taking 1st place in both the 50m and 100m-freestyle events while placing 5th in his 100m-fly and 7th in his 200m-freestyle events. Brian Lee (15) placed 2nd in both his 100m-backstroke and breaststroke by swimming personal best times. Brian also came 5th in his 200m-backstroke and 8th in his 200m-breaststroke. Brian and Kyle teamed up with two other NEOR All Stars to finish 2nd in the boys 200m-freestyle relay. Julia Turgeon (15) had a great weekend as well finishing 2nd in her 200m-backstroke, 3rd in her 200m I.M. and 4th in her 800m-freestyle event. Julia teamed up with three other NEOR All Stars to finish 3rd in the 800m-freestyle relay. Marina Fournier (14) swam to a 5th place in her 800m-freestyle, 6th in her 200m-backstroke and two 7th place finishes with personal best times for each of her 100m-backstroke and 200m I.M. to finish off the weekend. Sarah Theodossiou (15) finished in 6th place in the 800m-freestyle, 9th and 10th in the 50m and 100m-freestyle events achieving a personal best time in her 100m-freestyle. Sarah also combined with three other NEOR All Stars to capture 3rd place in both the 200m-freestyle and medley relays. Joshua Lawrence (16) swam to two personal best times. He achieved an 8th in the 100m-backstroke and a 10th in his 400m-freestyle.

The SSMAC coaches, parents and fellow swimmers are very proud of these six swimmers representing us so well in the pool. We are sure that not only did you open the eyes of these university swimmers but we are sure you caught the attention of their coaches as well. Congratulations on a job well done. The next meet for the club is the Joey Calzone Invitational being held here in the Sault at the John Rhodes pool on Nov. 14th to 16th. Come out and see these and many more quality swimmers.