



Critchley, Lee and Rock medal at Youth Cup

Sault Ste Marie Aquatic Club swimmers Kalen Critchley (12), Brian Lee (15) and Shane Rock (13) came home with medals this past weekend from the 26th Annual Youth Cup Invitational held at the Etobicoke Olympium pool in Toronto. The 4-day event saw over 1000 swimmers aged 17 and under predominately from Ontario, although swimmers from other provinces and from the Cayman Islands attended.

Kalen lead the 11-member team from SSMAC with 2 BRONZE medals. Her first was the 100-m backstroke on Saturday. She competed against 64 other swimmers aged 12 and under in order to reach the podium. On Sunday, with 60 swimmers in the event, she swam hard to obtain a second BRONZE medal in the 50-m freestyle event. She also finished an impressive 5th in the 100-m freestyle, 6th in the 50-m backstroke, 10th in the 200-m backstroke and 12th in the 50-m butterfly. Brian Lee managed to secure a SILVER medal in the 100-m freestyle event in the aged 15 to 17 years. He competed against 104 other swimmers to rank 3rd going into finals. In finals, Brian swam a personal best of 52.22 s giving him the silver medal. Brian also reached finals in the 50-m free (6th), back (6th), breast (7th) and 6th in 200 I.M.

Shane Rock finished 5th in preliminaries in his 200-m freestyle and swam his way up to a BRONZE in finals that night. Shane also reached finals in the 100-m freestyle to finish 5th. He also excelled in two other finals: he finished 7th in both the 50-m freestyle and the 100-m backstroke. Other noteworthy finishes included an 11th placing in the 200-m backstroke, 13th in the 50-m backstroke and 15th in the 50-m butterfly.

SSMAC's 15 to 17 year old male relay team composed of Kyle Matthews (17), Joshua Lawrence (16), Brian Lee (15) and Shane Rock (13) competed in four relays. Unofficially, they broke 2 NEOR (North Eastern Ontario Region) records: one in the 4 X 100-m freestyle relay and another in the 4 X 100-m medley relay. They finished 4th in the 4 X 100-m medley relay, 7th in their 4 X 100-m freestyle, and 8th in both the 4 X 50-m freestyle and medley relays.

Other noteworthy personal achievements include those of Kyle Matthews who also reached finals in the 100-m freestyle to finish 6th, and placed a very respectable 7th in the 50-m freestyle, and 8th in the 50-meter butterfly; Joshua Lawrence who reached finals in the 50-m backstroke and 16th in the 100-m backstroke; Steven Lee (13) who swam many personal best times and finishing 14th in the 50-m and 16th in the 200-m breaststroke, and 18th in both the 200 IM and 100-m breaststroke; and Michael Lawrence (14) who achieved many personal best times including a 19th place in the 800-m freestyle. Competing against 60 to 70 other swimmers in some of her events in 12 and under girls, Erin Lee (11), swam to many personal best times and did her club proud with her results. Also, most of events for the girls 15 to 17 age group comprised over 80 swimmers. Sarah Theodossiou, Julia Turgeon, and Marina Fournier, all 15, swam to many personal best times against the older, more experienced swimmers in their age group.

The group managed to place 4th in the small team for total points out of 34 teams just 3 points shy of 3rd and 17th out of 52 teams for total points. The SSMAC coaches are very pleased with the impressive performance of their swimmers at such a high calibre meet; a few national records were broken at that meet. Given its small contingent of 11 swimmers, which pales in comparison to that of many other clubs that had over 50 to 100 swimmers, SSMAC is proud of how well they preformed and represent their club and city at this meet. Congratulations to these swimmers on their successes this past weekend.